

# Friends of Cape Henlopen State Park

# newsletter

## JUNE 2024

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## CONTACTS

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302-858-6127

## The Bike Barn IS OPEN

for Details & Latest Hours

↓ Click-the-Link ↓

[Borrow-a-Bike](#)

## ➤ 2024 Events Calendar ◀

- **Cape Henlopen Trail Days:** *USUALLY* Second Saturday Monthly  
(THIS MONTH'S MEET ➤ replaced by "National Trails Day" see below)
- **Youth Fishing Tournament:** September 7<sup>th</sup> (Rain Date Sep. 8<sup>th</sup>) CHSP Fishing Pier 8 to 11 AM
- **Chocolate Tasting:** September 7<sup>th</sup> 1 PM to 4 PM (or 'til the chocolate runs out) venue TBD
- **Coastal Clean Up:** September 21<sup>st</sup> 9 AM to Noon Meeting Place **To-Be-Determined**
- **Hawk Watch:** Every day September 1 to November 30 (Hawk Watch Pavilion Lot)
- **Birdseed Sale:** Order by September 30<sup>th</sup> / Pick Up on Oct 19<sup>th</sup> at Park Maintenance Garage
- **Holiday Boutique & Book Fair:** November 16<sup>th</sup> 9 AM to 2 PM venue To-Be-Determined

**PLEASE NOTE: Park Entrance Fees are in Effect March 1 to November 30**

## Park Updates

- Jay Vending is again the concession at the main beach.
- A Rita's vending truck will be parked near the Herring Point beach for the season.
- The Biden Environmental Center renovation project is slated for completion by end of June.
- The Whiskey Beach access mats near Gordons Pond will again be installed for the season.

The Friends of Cape Henlopen State Park (FOCHSP) is a non-profit 501(c)(3) volunteer organization that works with the Delaware Division of Parks and Recreation, and staff, to support and advocate for one of the county's most unique public parks. Join now!

# CALLING ALL FRIENDS MEMBERS HELP WANTED

Do you want to be close to the action? Is reinvigorating unused skills part of your 2024 resolutions?  
Does a new challenge interest you? Are you good at taking notes?  
**HAVE WE GOT A JOB FOR YOU!**

The Friends are looking for an individual to serve as our new Secretary.

Duties include:

- taking minutes at the monthly board of directors meeting
- transcribing these minutes into a readable document
- sending the minutes, via email, to board members.

Interested?     **CALL 302-858-6127 or email [fochsp@gmail.com](mailto:fochsp@gmail.com).**

## FOCHSP Trail Days May 11, 2024

May's Trail Days found the Friends had 24 members who provided a total of 52.25 volunteer hours. After meeting at the Playground, the team split into 2 groups to cleanup along the Pinelands Nature Trail. They smoothed out rough spots on the trail, did some pruning and picked up trash along the way.



### PARK PUZZLE by Carl Frey

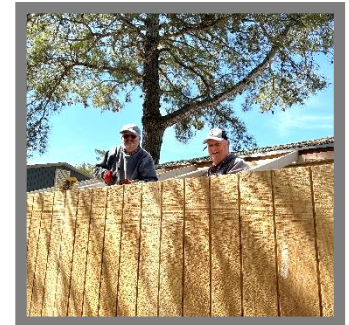
1	2	3	4	5	6
7			8		
9			10		
11			12		
13	13		14		15
15					
16					

Across	Down
1 Droop	1 Fancy pillowcase
4 In math: one member, usually the last, of a series	2 With milk, in Paris
7 Heston role: Ben ___	3 Father's father
8 Miner's quest	4 Just a few
9 In the style of	5 June 1 event at Cape Henlopen State Park: National ___ (with 16 ACROSS)
10 Cate Blanchett flick	6 Sub/hoagie/grinder
11 Portuguese ___ o'war	14 Baseball pitcher stat
12 O Sole ___	
13 Something to aspire to	
15 Small lakes amid mountains	
16 See 5 DOWN	

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## Bike Barn News- New Storage Shed Addition Completed May 2024

Additional storage for the Bike Barn has been completed. The new facility will house tricycles to provide a biking experience for those with balance challenges. We commend our dedicated “construction crew” for their expertise, patience and hard work.



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## Get to Know Our Park Staff – Elizabeth (Liz) Kain-Bolen

Liz Kain-Bolan is the youngest of 9 children and was born in Kearny, New Jersey. Her town was nicknamed “Little Scotland” due to the many Scots, like her grandparents, who migrated there for textile manufacturing jobs. When Liz’s father, a local police officer, retired, he moved his family to the Jersey Shore which led to her graduating from Brick Township High School. A few years later, she moved to the Delaware shore and has lived in the Ocean View/Dagsboro area for over 35 years. After earning graphic and multimedia design degrees from Wilmington University and Delaware Technical College, Liz worked in various positions including serving as Coastal Marketing Director for Coldwell Banker Residential Brokerage, Executive Director of the Ocean Pines, MD Chamber of Commerce and most recently, Parks & Recreation Administrator for the town of Millville, DE. She started working with DNREC in mid-April of 2024 as a Marketing Specialist whose primary duty will be managing the newly renovated Biden Environmental Center. Liz loves a challenge and is very excited to be a part of this ground-breaking experience! Now that she’s part of the park family she will really enjoy being close to one of her favorite activities: surf-fishing. Liz and her husband have seen many a sunrise over the ocean or sunset over the dunes with a pole in hand. In their spare time, they also like to ride bicycles as well as motorcycles. Liz loves the military history of Cape Henlopen State Park and hopes to continue helping veteran causes like bring “The Moving Wall” to the cape region including a stint at the Cape May-Lewes Ferry terminal. We welcome Liz to the park.



### Special Thanks

The FOCHSP Board of Director would like to offer a special thank you to our departing secretary, Carl Frey. Carl has served as secretary for over four years and his expertise, like designing the new bike barn shed extension, pairing the right bike to the rider at the Bike Barn, creating the Park Puzzle and building the osprey nest box, will be sorely missed. We wish Carl and his family safe travels on life’s journey.

### FOCHSP Contributions- Thatcher Education Fund May 2024

The Friends board approved two Thatcher Grant requests.

- \$1,000 to Long Neck Elementary for one hundred twenty-seven 3<sup>rd</sup> graders attending Seashore Safari & Beach Detectives in May.
- \$925 to Allen Frear Elementary for one hundred and twenty 2<sup>nd</sup> graders attending Beach Detectives in May.

### Park Puzzle Answers

S	A	G		N	T	H
H	U	R		O	R	E
A	L	A		T	A	R
M	A	N		M	I	O
	I	D	E	A	L	
	T	A	R	N	S	
		D	A	Y		